Chronic wounds

TEST YOUR KNOWLEDGE BY COMPLETING THIS MULTIPLE-CHOICE QUIZ

1. Living with a chronic wound can result in:
   a) Social withdrawal
   b) Decreased independence
   c) Loss of a sense of control
   d) All of the above

2. Which statement is true?
   a) Patients should be discouraged from participating in decisions about their wound care
   b) During the coronavirus disease 2019 (COVID-19) pandemic there was a need for people with wounds to become less involved in wound care
   c) Nursing care of people with chronic wounds will often involve input from the multidisciplinary team, primarily in a community setting
   d) Wound care is solely the responsibility of medical professionals

3. In the TIME framework, what does the 'M' stand for?
   a) Medicines
   b) Moisture balance
   c) Management
   d) Making decisions

4. A wound assessment should be:
   a) Structured and holistic
   b) Rapid and informal
   c) Task-focused and biomedical
   d) Ad hoc and unstructured

5. Which of these elements should be included in an optimal wound assessment tool?
   a) Wound measurement
   b) Tissue type
   c) Exudate
   d) All of the above

6. What is the first phase of wound healing?
   a) Inflammatory phase
   b) Proliferation phase
   c) Haemostasis phase
   d) Maturation phase

7. Which of these is an indicator that a wound is in the inflammatory phase?
   a) Active bleeding
   b) The formation of new blood vessels
   c) The presence of sloughy tissue
   d) The formation of skin across the surface of the wound

8. Bleeding that occurs in new granulation tissue in a chronic wound may indicate:
   a) Infection
   b) Healing
   c) Necrosis
   d) Clot formation

9. Which of these is not one of the three aspects of patient empowerment?
   a) Patient autonomy
   b) Patient dependence
   c) Patient rights
   d) Health literacy

10. What is the aim of patient involvement in wound care?
    a) To increase the use of telehealth systems in clinical practice
    b) To enable nurses to manage their time more effectively
    c) To encourage patients to access emergency services
    d) To encourage patients to be active in decisions about their care and management

How to complete this assessment

This multiple-choice quiz will help you test your knowledge. It comprises ten multiple choice questions broadly linked to the previous article. There is one correct answer to each question. You can read the article before answering the questions or attempt the questions first, then read the article and see if you would answer them differently.

You may want to write a reflective account. Visit rcni.com/reflective-account

Go online to complete this multiple-choice quiz and you can save it to your RCNi portfolio to help meet your revalidation requirements. Go to rcni.com/cpd/test-your-knowledge

The answers to this quiz were compiled by Alex Bainbridge

This activity has taken me ___ minutes/hours to complete. Now that I have read this article and completed this assessment, I think my knowledge is:

Excellent  □  Good  □  Satisfactory  □  Unsatisfactory  □  Poor  □

As a result of this I intend to: __________________________
___________________________
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