## Heel pressure ulcers

TEST YOUR KNOWLEDGE BY COMPLETING THIS MULTIPLE-CHOICE QUIZ

Decubits ulcers   Diabetic foot ulcers   Di	This multiple-choice quiz will help you to test your knowledge. It comprises ten questions that are broadly linked to the CPD article. There is one correct answer to each question.  You can test your subject knowledge by attempting the questions before reading the article, and then go back over them to see if you would answer any differently.  You might like to read the article before trying	site	lirectly increase the vulnerability of the heel to pressure damage?  mmobility Skin status Suboptimal tissue perfusion All of the above  Friction can be described as:	a) b) c) d)			Venous leg ulcers Decubitus ulcers Diabetic foot ulcers	a) \ b) [
Decubitus ulcers   pressure damage?   This multiple-clubitus ulcers   pressure   pressur	This multiple-choice quiz will help you to test your knowledge. It comprises ten questions that are broadly linked to the CPD article. There is one correct answer to each question.  You can test your subject knowledge by attempting the questions before reading the article, and then go back over them to see if you would answer any differently.  You might like to read the article before trying	site	mmobility Skin status Suboptimal tissue perfusion All of the above Friction can be described as:	b) c) d)			Decubitus ulcers Diabetic foot ulcers	b) [
Diabetic foot ulcers    Duodenal ulcers	knowledge. It comprises ten questions that are broadly linked to the CPD article.  There is one correct answer to each question.  "You can test your subject knowledge by attempting the questions before reading the article, and then go back over them to see if you would answer any differently.  "You might like to read the article before trying"	site	Skin status Suboptimal tissue perfusion All of the above Friction can be described as:	b) c) d)			Diabetic foot ulcers	
Duodenal ulcers	questions that are broadly linked to the CPD article.  There is one correct answer to each question.  "You can test your subject knowledge by attempting the questions before reading the article, and then go back over them to see if you would answer any differently.  "You might like to read the article before trying"	site	Suboptimal tissue perfusion All of the above  Friction can be described as:	c) d)				C) I
Which of the following is a potential consequence of serious infection secondary to pressure ulcers?  Peripheral vascular disease  Coma    Coma	linked to the CPD article.  There is one correct answer to each question.  You can test your subject knowledge by attempting the questions before reading the article, and then go back over them to see if you would answer any differently.  You might like to read the article before trying	site	all of the above	d)				-,
Serious infection secondary to pressure ulcers?  Peripheral vascular disease  Coma    a) The effect of the bones and the skin moving in opposite directions   b) The mechanical force exerted when a patient is moved across a coarse surface such as bed linen   b) The mechanical force exerted when a patient is moved across a coarse surface such as bed linen   c) The effect of compression caused by dressings and bandaging   d) The pressure exerted by fixed medical devices such as tubes and catheters   d) The pressure exerted by fixed medical devices such as tubes and catheters   d) The pressure exerted by fixed medical devices such as tubes and catheters   d) The pressure exerted by fixed medical devices such as tubes and catheters   d) The pressure exerted by fixed medical devices such as tubes and catheters   d) Ageing has been found to increase the risk of pressure ulcers due to:   a) Loss of melatonin in the skin   d) Attendatively, this page and a professional por forget to record of time taken to differently.   d) Reduced eyesight   d) Red	to each question.  >> You can test your subject knowledge by attempting the questions before reading the article, and then go back over them to see if you would answer any differently.  >> You might like to read the article before trying	site	riction can be described as:	,	of			,
a) The effect of the bones and the skin moving in opposite directions    Direction   Direc	knowledge by attempting the questions before reading the article, and then go back over them to see if you would answer any differently.  You might like to read the article before trying			_				
directions	the questions before reading the article, and then go back over them to see if you would answer any differently.  "You might like to read the article before trying		be effect of the bance and the elvin maving in annea				Peripheral vascular disease	a) I
Blood transfusion  Amputation  b) The mechanical force exerted when a patient is moved across a coarse surface such as bed linen  c) The effect of compression caused by dressings and bandaging  Odour and skin type  Depth and severity  Bleeding risk  Which of the following pressure ulcer categories is described as 'intact skin with a localised area of non-blanching erythema'?  Category 1  Category 1  Category 4  Distrated be pressure ulcer  Suspected deep tissue injury  Distrated be following pressure ulcers after which other area?  Buttocks  Magual are positioning  Distrated be verify and bandaging  Distrated by fixed medical devices such as tubes and catheters  Subscribers ma Roin PortSoin of pressure ulcers due to:  a) Loss of melatonin in the skin   Alternatively, this page and a professional porting to five epidermis   Distrategies that can be used to prevent heel pressure ulcers include:  Suspected deep tissue injury  Distrategies that can be used to prevent heel pressure ulcers include:  a) Optimal handling and moving technique   Distrategies that can be used to prevent heel pressure ulcers include:  a) Optimal handling and moving technique   Distrategies that can be used to prevent heel pressure ulcers include:  a) Optimal handling and moving technique   Distrategies that can be used to prevent heel pressure ulcers include:  a) Optimal handling and moving technique   Distrategies that can be used to prevent heel pressure ulcers include:  b) Regular repositioning   Distrategies that can be used to prevent heel pressure uncers include:  c) The use of medical devices such as mattresses, compiled by Jas multiple-choice multiple-cho	the article, and then go back over them to see if you would answer any differently.  "You might like to read the article before trying"			a)			Coma	b) (
Amputation   b   The mechanical force exerted when a patient is moved across a cross a cross a surface such as bed linen   differently, sow would differently.	back over them to see if you would answer any differently.  You might like to read the article before trying						Blood transfusion	c) E
and bandaging  and bandaging  d) The pressure exerted by fixed medical devices such as tubes and catheters  Depth and severity  Bleeding risk  Depth and severity  Subscribers make the following pressure ulcer categories is described as 'intact skin with a localised area of non-blanching erythema'?  Category 1  Category 4  Category 4  Category 4  Category 5  Category 6  Unstageable pressure ulcer  Suspected deep tissue injury  The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Category  Category 6  Category 7  Category 8  Category 9  Category 9	You might like to read the article before trying	red 🗆		b)			Amputation	d) <i>I</i>
Dodour and skin type  Depth and severity  Bleeding risk  9. Ageing has been found to increase the risk of pressure ulcers due to: and other quizz save the result. Alternatively, b) Weakening bone strength  Category 1  Category 4  Unstageable pressure ulcer  Unstageable pressure ulcer  Suspected deep tissue injury  The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Depth and severity  d) The pressure exerted by fixed medical devices such as tubes and catheters  Subscribers man RCNi Portfolio cand other quizz save the result. Alternatively, this page and a professional portion forget to record of time taken to ulcers include:  10. Strategies that can be used to prevent heel pressure ulcers include: a) Optimal handling and moving technique b) Regular repositioning c) The use of medical devices such as mattresses, cushions and dressings  d) All of the above  The answers to multiple-choice  What is the approximate width of the layer of subcutaneous tissue at the back of the heel?	the article before trying			c)		according to:	Pressure ulcers are categorised	3. I
Depth and severity  Bleeding risk  Which of the following pressure ulcer categories is described as 'intact skin with a localised area of non-blanching erythema'?  Category 1  Category 4  Unstageable pressure ulcer Suspected deep tissue injury  The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Deyth and severity  In the pressure exerted by fixed medical devices such as a the devices such as the question subscribers may tube and catheters  Subscribers may lucers due to:  a) Loss of melatonin in the skin  b) Weakening bone strength  c) Thinning of the epidermis  d) Reduced eyesight  Depth and severity  In the question subscribers in the question subscribers may lucers due to:  a) Loss of melatonin in the skin  b) Weakening bone strength  c) Thinning of the epidermis  d) Reduced eyesight  Depth and severity  In the question subscribers may lucers due to:  a) Loss of melatonin in the skin  b) Weakening bone strength  c) Thinning of the epidermis  d) Reduced eyesight  Depth and catheters  In the question subscribers may lucers due to:  In th	, ,						Extent of bruising	a) I
Depth and severity  Bleeding risk  9. Ageing has been found to increase the risk of pressure ulcers due to: a) Loss of melatonin in the skin b) Weakening bone strength c) Thinning of the epidermis c) Thinning of the epidermis c) The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Buttocks  C) The use of medical devices such as mattresses, cushions and dressings  C) The above  The approximate width of the layer of subcutaneous tissue at the back of the heel?	DUE ODESHOUS.	as		d)			Odour and skin type	b) (
Which of the following pressure ulcer categories is described as 'intact skin with a localised area of non-blanching erythema'?  Category 1  Category 4  Unstageable pressure ulcer Suspected deep tissue injury  The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Knees  Intervel to it is a loss of melatonin in the skin  Alternatively, bloweakening bone strength  Intiming of the epidermis  Optimal handling and moving technique  Doptimal handling	Subscribers making use of their		ubes and catheters				Depth and severity	c) [
Alternatively, this page and a professional positive for the development of pressure ulcers which other area?   Category 1   Category 2   Category 3   Category 4   Category 4   Category 5   Category 6   Category 7   Category 7   Category 8   Category 9   Category	RCNi Portfolio can complete this and other quizzes online and	essure		9.			Bleeding risk	d) I
b) Weakening bone strength  category 1  category 4  ca	save the result automatically.  Alternatively, you can cut out		oss of melatonin in the skin	a)	S			
Category 1	this page and add it to your		Veakening hone strength	h)		ocalised area of		
Category 4  Unstageable pressure ulcer Suspected deep tissue injury  The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Knees  C) The use of medical devices such as mattresses, cushions and dressings  C) The use of medical devices such as mattresses, cushions and dressings  C) All of the above  The answers to multiple-choice  What is the approximate width of the layer of subcutaneous tissue at the back of the heel?	professional portfolio. Don't	_					• •	
Unstageable pressure ulcer Suspected deep tissue injury  The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Knees  In the element of pressure ulcers after which other area?  Buttocks  In the use of medical devices such as mattresses, cushions and dressings  In the use of medical devices such as mattresses, cushions and dressings  In the answers to multiple-choice	forget to record the amount		• •		_			
Suspected deep tissue injury ulcers include:  The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Knees  Diamond All of the above  What is the approximate width of the layer of subcutaneous tissue at the back of the heel?							* *	
The heel is often reported as the second most common site for the development of pressure ulcers after which other area?  Buttocks  Knees  C) The use of medical devices such as mattresses, cushions and dressings  d) All of the above  The answers to multiple-choice  What is the approximate width of the layer of subcutaneous tissue at the back of the heel?	Further multiple-choice quizzes are available at	sure		10				
b) Regular repositioning  b) Regular repositioning  c) The use of medical devices such as mattresses,  cushions and dressings  d) All of the above  The answers to multiple-choice  Buttocks  d) All of the above  The answers to multiple-choice  what is the approximate width of the layer of subcutaneous tissue at the back of the heel?	rcni.com/cpd/test-your-			- \	Ш		Suspected deep tissue injury	d) S
which other area?  Buttocks  Coompiled by Jas  Knees  Coompiled by Jas  Knees  Coompiled by Jas  Knees  Coompiled by Jas  Cooppiled by Jas	knowledge				nmon			
Knees d) All of the above The answers to multiple-choice  Sacrum prot of q 8 programate width of the layer of subcutaneous tissue at the back of the heel?	This multiple-choice quiz was		• • •			sure ulcers after	site for the development of press which other area?	
Elbows Sacrum  Prot or 6 d' 8 p'  What is the approximate width of the layer of subcutaneous tissue at the back of the heel?	compiled by Jason Beckford-Ball		cushions and dressings				Buttocks	a) I
Sacrum Protection of the layer of subcutaneous tissue at the back of the heel?	The answers to this		All of the above	d)			Knees	b) ł
p 'g e ነት ጋ 'g p '7 Subcutaneous tissue at the back of the heel?	multiple-choice quiz are:						Elbows	c) E
What is the approximate width of the layer of subcutaneous tissue at the back of the heel?	6. c 7. d 8. b 9. c 10. d						Sacrum	d) S
	1,62,43,64,85,4							
One inch							One inch	a) (
5mm 3.8mm	oximate width of the layer of sue at the back of the heel?	oximate width of the layer of sue at the back of the heel?	oximate width of the layer of sue at the back of the heel?	oximate width of the layer of sue at the back of the heel?			Sacrum  What is the appro	d) 5 6. V a) (d b) 5 c) 3