**REFLECTIONS**

**The best of the week’s health-related TV and radio**

**Bowel Cancer: Foundations for Practice**

While the majority of contributors are nurses, this book offers a multidisciplinary perspective on the impact of this disease and its treatment for foundation level students.

Although the principles of contemporary medical management are incorporated, it omits some recent developments in the field, such as the use of targeted therapies and the contribution of total mesorectal excision.

As the book favours breadth of coverage over depth, some of the more complex aspects of psychosocial care may lack sufficient exploration to directly impact on practice.


Reviewed by Isabel White, lecturer-practitioner in cancer care, European Institute of Health and Medical Sciences, University of Surrey

**Key**

- Excellent
- Very good
- Good
- Average
- Poor

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**SATURDAY MAY 28**

**Fighting Fit**

BBC Radio 4, 10.30-11am

Physical education teachers talk about how they can help us become a healthier, fitter nation.

**MONDAY MAY 30**

**Desperate Midwives**

BBC 3, 9-9.30pm

Community midwife Jane assists Carmen to deliver her baby in a birthing pool at home, Sarah helps mother of four, Heather, with a painful delivery in the labour ward, while Julie has a Caesarean. The labour ward at Derby City General is a busy place.

**TUESDAY MAY 31**

**Case Notes**

BBC Radio 4, 9-9.30pm

A new series of Case Notes kicks off with a look at pregnancies that require medical interventions. What is the latest research on the management of pre-eclampsia and what treatment is on offer for babies with congenital diaphragmatic hernia while in utero?

**WEDNESDAY JUNE 1**

**Trauma**

UKTV Documentary, 9-10pm

Another chance to see the real life drama set in the A&E department of Hope Hospital, Salford.

**THURSDAY JUNE 2**

**It’s My Story – Future Imperfect**

BBC Radio 4, 8-8.30pm

Candida was told there was a 50/50 chance her children would inherit her disability. She looks back at the dilemma she faced over whether to have children, and talks to the GP and geneticist who helped her decide.

**Friday June 3**

**Compulsion – Waiting for Brian**

BBC 2, 9-10pm

Brian Fox has been a binge drinker for 40 years and believes he knows why he drinks. What follows is an intimate portrait of a 58-year-old man lost in years of self-recrimination.

**TUESDAY JUNE 7**

**Its My Story – Future Imperfect**

BBC Radio 4, 8-8.30pm

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**WEDNESDAY JUNE 8**

**Trauma**

UKTV Documentary, 9-10pm

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