What’s on: the best of the week’s health-related TV and radio
Compiled by nurse and lecturer Margaret Paul

Friday June 6
Discovery Health  9-10pm
The Bald Truth
Eight million British men and women suffer from baldness. It affects them physically, psychologically and socially. Are there any effective treatments to prevent hair loss?

Saturday June 7
Discovery Channel  9-10pm
When The Anaesthetic Fails
See Pick of the week

Sunday June 8
UK Horizons  9-10pm
The Human Body
Another chance to see this episode in which new medical imaging techniques follow pregnancy from conception to birth.

Monday June 9
BBC World Service  10.05-10.30am
Travels of The Mind
Psychiatrist Raj Persaud meets a traditional Kenyan healer who specialises in ‘possession’. Dr Persaud’s diagnosis would be psychosis or schizophrenia. How does the healer treat a patient with this condition?

Tuesday June 10
BBC Radio 4  9-9.30pm
Life as an Adult
In her continuing series about health and wellbeing, Connie St Louis looks at adults who are 40 to 60 years old. How does the human body change during this period? Hair starts to grey, joints to creak and eyesight to fail. Is there anything that can be done to prevent these changes or reduce their impact?

Thursday June 12
BBC Radio 4  8-8.30pm
A Place to End My Days
Ted is a feisty 84 year old who is facing the prospect of having to go into a care home one day. He decides to give one a trial for a week. This is the secret audio diary of his experiences during that week.

Patient Care in Community Practice: A Handbook of Non-medicinal Healthcare
Robin J Harman
Pharmaceutical Press
304pp; £24.95
ISBN: 0 85369 450 8

This book provides a comprehensive guide to the use of prescribable non-medicinal products and appliances in the home. It brings together a wide variety of topics, with chapters on stomata therapy, incontinence aids, compression hosiery, oxygen therapy, inhalation therapy, wound care, and home parenteral and enteral nutrition. Each chapter begins with a well-illustrated guide to conditions being treated, including relevant physiology, symptoms and treatment options. Specific products and devices are then discussed, together with their rationale for selection and use. Written by pharmacists, Patient Care is a valuable resource for community nurses and several chapters will be of interest to practice nurses and nurse practitioners. It will also be useful for the generalist nurse as a reference. A useful discussion of common patient problems is included.

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