This simple-to-use app is a useful resource for all those supporting victims of abuse, and offers particular local information for Kent.

D-A-S-H has a multitude of pages providing advice on domestic abuse, child exploitation, hate crime, mental health, restorative justice and bereavement.

Many local agencies have provided this wealth of information, and the app has huge potential to grow as others become aware of it and make their own contributions. The domestic abuse section covers safety planning, national support services and Kent domestic violence services.

I would recommend that all health professionals add D-A-S-H to their phone. If it becomes populated with national information, this will be a fantastic resource for all involved in safeguarding.

Requires iOS 6.0 or later. Compatible with iPhone, iPad, and iPod touch

Reviewed by Amanda Burston, emergency nurse at Royal Stoke Hospital