This app aims to make it easier for people to be aware when there is a pregnant person nearby who would like to be offered a seat on public transport. There are two versions of the app. The offer seat app is free and enables users to be notified when a pregnant person presses the button.

The second is the request seat, which enables pregnant women to alert others when they are in need of a seat. It costs £3.99 and the profit is donated to the charity Project Healthy Children. Both apps use Bluetooth so don’t need a signal and can work underground.

While this app is useful for pregnant women and commuters, its use for nurses may be limited. Even so, midwives or nurses on early pregnancy units could make pregnant women aware of it.

Requires iOS 8.0 or later. Compatible with iPhone, iPad and iPod touch.

Reviewed by Layla Haidrani, RCNi editorial assistant.