This app was developed by Ashford and St Peter’s Hospitals to cover essential information on breast care patients in an accessible, non-overwhelming way. It features a ‘meet the team’ breast care nurse section and information on appointments and receiving results. The ‘living with and beyond cancer’ section also guides users to local patient support groups. While this will help allay anxieties for patients at Ashford and St Peter’s, patients at other hospitals may not find these as useful.

Even so, the treatment section may be helpful to breast cancer patients undergoing surgery, chemotherapy, radiotherapy or hormone therapies with information on consent and side effects. It explains all aspects of breast cancer care but, as it is mostly specific to Ashford and St Peter’s, its usefulness may be limited.

Requires iOS 8.0 or later. Compatible with iPhone, iPad, and iPod touch.

Reviewed by Layla Haidrani, RCNi editorial assistant