PO09 – Parenting promotion: recommendation during infant crying or tantrums and a child's feeding time

Graça Aparício (Portugal)¹; Mara Marçalino (Portugal)¹

¹*Polytechnic Institute of Viseu*

Theme: Parenting/parenthood.

Keywords: Feeding time, infant cry, parenting, tantrums.

Introduction: Parenting role involves some stress, especially in infant cry/tantrums and during feeding time, leading to pursuit of nurse's counseling.

Objective: To identify evidence-based recommendations and best practice for parents coping with crying/tantrums and in the child's feeding time.

Methods: Systematic review of articles published among 2009-2014 in the following databases: CINAHL, Cochrane, MEDLINE, using descriptors and Boolean operators. Two reviewers assessed the studies' methodological quality and included 7 studies, one A evidence level, two B, and four expert opinions.

Results: Culturally congruent counseling is recommended by the reference nurse, accompanying parents by phone call/home care visit, especially if they are inexperienced. Providers should know the areas of online discussion to become aware of regarding current parental concerns, and instruct on children's development and advise positive attention, routines, clear boundaries, concrete and fair.

Conclusion: Early promotion of fair and consistent parenting minimizes the day-to-day difficulties and the child's future behavior.

PO10 – A safe school day for a diabetic child

Svetlana Lorvi-Talisainen (Estonia)¹; Annika Härmits (Estonia)¹
Sirje Multram (Estonia)¹

¹*Foundation for School Health Care in Tallinn*

Theme: School health.

Keywords: Diabetes, networking, school.

Background: In the last five years, the number of children under the age of 18 with type 1 diabetes in Estonia has increased by 5% annually. Every school has approximately one to three diabetic pupils. School staff lack knowledge of the management of the disease.

Objective: To ensure the safety of diabetic children at school.

Method: It is a school-based intervention programme which is based on training, capacity building, networking, assessment surveys, support groups in 140 schools of Estonia.

Results: Every pupil with type 1 diabetes has a support person. Members of the network have clearly defined roles. Schoolchildren know how to help their diabetic peers. The diabetic child is capable of assessing their own health status (blood glucose, carbohydrate

intake) and asking for help.

Discussion: Implementation of the project requires caring and commitment, rather than resources. Children with chronic illnesses must have equal access to education.

Conclusion: This project needs widening to be conducted in all schools where diabetic children study.

P011 – S.O.S. infant's crying! An educational path in a paediatric counselling context

Federica Logrippo (Italy)¹; Emanuela Berbotto (Italy)¹; Marina Remon (Italy)²; Anna Persico (Italy)¹

¹University of Turin; ²Pediatria di comunità, Aslto1

Theme: Parenting/parenthood.

Keywords: Crying, empowerment, infant, parents.

Introduction: In Western societies, an infant's crying often causes anxiety in parents. Educational and empowerment paths of parenthood could be useful to overcome these difficulties (Hiscock 2004).

Aims: Design and implement a pilot test of an educational path with a group of infants' (0-3 months) parents to support them in the acceptance of their children's crying and develop coping strategies.

Methods: The pilot test is composed by two meetings with 8 parents in a paediatric counselling situation. It's based on an empowerment's model of parenthood. The tools are brainstorming and narrations; they are used to analyze intervention's needs and to accompany parents in accepting children's crying.

Results: The first narrations underline parents' need to take on the topic and to be valued in their parental role; from the second ones it comes out that the parents appreciate the project.

Conclusions: The pilot test was completed and appreciated by the parents.

P012 – The Fuller's Infants Pain Assessment Scale utility in practice in the opinion of the nurses working in Tartu University Hospital

Merle Seera Rn, Msc (Estonia)¹

¹Reet Kikas MD

Theme: Child protection and managing risk.

Keywords: Infants, pain management.

Aim: The aim of this study was to describe nurses' opinion on a Fuller's Infants Pain