patients, but also the burden of healthcare costs.

OC37 – Adolescents with cystic fibrosis: their perspective

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Theme: Complex health care and chronic disease management.

Keywords: Adolescent, cystic fibrosis, transitions.

Introduction: The adolescent with cystic fibrosis suffers from organic distresses and requires support to deal with the physical symptoms and the psychosocial adaptation.

Aim: Realize the experience of growing up with cystic fibrosis from the adolescent point of view.

Methodology: Data grounded theory as investigation method and interpretation by Meleis Theory. Study group with 16 adolescents and data collected by interview.

Results: From the content analysis of the interviews, we established that the adolescents were living development and health-illness type transitions. We identified the dimension 'developing trust and coping' as adjustment strategy to new contexts.

Discussion: The adolescents' speeches reflected behaviors of involvement in the transition process, being a positive result to the psychosocial development and positive life experience at this stage.

Conclusion: The follow up from healthcare professionals may transform a stressful situation into a state of trust. It can also reveal and pinpoint resource strategies to enable adaptation to new circumstances.

OC38 – Beyond boundaries: inter-professional simulation in children and young people's nursing – three pilot projects

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Theme: Nursing education, management and leadership.

Keywords: Inter-professional, medical students, occupational therapy students, simulation.

Inter-professional collaboration is essential for safe, high-quality, patient-centered care (Shanahan and Lewis 2015). In order to set the stage for inter-professional collaboration, inter-professional education should be incorporated into the learning experience of health professionals (Reese *et al* 2010).

In this presentation I will share the development of two undergraduate inter-professional education pilot projects and the evaluations from these. This comprised of two projects: