Keywords: Nitrous oxide, length of stay, fracture reduction.

Aim: Dislocated fractures are common in the children's emergency department (ER). All forms of fracture reduction are very painful requiring nitrous oxide. The purpose is to shorten the length of stay in the hospital as well as sustain a high quality of care.

Methods: All nurses received theoretical and practical training in the use of nitrous oxide. Evaluations with the families were made by telephone.

Result: A total of 40 enclosed fracture reductions were made at the ER, leading to a reduction of 33 patients in the operating department and the length of stay was shortened – this compared to the same time in 2014.

No adverse event was reported and no patient felt any increase in pain during the treatment. All patients would repeat the procedure if necessary.

Conclusion: The treatment has reduced the length of stay in the hospital without affecting the other patients in the ER or the quality of care.

OC31 – Tobacco consumption by adolescents: a study in the north of Portugal

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Theme: School health.

Keywords: Adolescents, risk behaviours, tobacco.

Aims: To characterize the adolescents' habits of smoking in a Portuguese School; to identify if the adolescents have information on the harmful effects of tobacco and their health education needs.

Methods: Quantitative, exploratory and descriptive study. Data collection in 2011 through a self-answered questionnaire.

Results: The sample comprised 441 students; mean age of 14.5 years old; 53.1% were male; 18,6% were smokers; boys smoked more than girls; they started to smoke between 7-18; the tobacco consumption is significantly related with: age ($p < 0,001$); gender ($p = 0,002$); interest of the family about the adolescents' problems ($p = 0,028$) among others. The adolescents have information about the harmful effects of tobacco and the ones interested in receiving more information wanted it from the health professionals.

Conclusions: Prevention and delaying the age of initiation of consumption should be taken into account in a target intervention plan, which should be led by the school health nurse.