Introduction: Successful pain management contributes to high-quality postoperative care.

Objective: To estimate the intensity of postoperative pain in children after an educational intervention.

Method: Surgical ward nurses after educational intervention recorded 146 children (0-16 years) postoperative pain scores, applying FLACC, FACES, NRS according to child’s age during December 2012 to March 2014.

Results: The mean values of children’s pain scores at the reception, 24h and 48h after surgery was 0.99 ± 1.68, 0.6 ± 1.43 and 0.13 ± 0.79 respectively. The median pain scores for the 1st and 2nd 24-hour seemed to correlate with the duration of surgery (p = 0.048). Only 20% of cases applied some form of non-pharmacological pain method that was associated with the child’s age (p = 0.001).

Discussion: Special care should be taken about using non-pharmacological pain control methods.

Conclusions: Postoperative pain management programs contribute to effective deal.

OC15 – Leading nursing educational progress in child mental health

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Theme: Nursing education, management and leadership.

Keywords: Child mental health, education, nurses.

Given the increasingly complex mental health needs of children and young people and the critical shortage of proficient mental health specialists, a study of US nursing education programs was done. Does the current paediatric nursing workforce preparation best meet the distinct needs of young people with behavioral and mental health challenges is the key question? Experts in the field of child psychiatric nursing practice, education and research came together to find model nursing programs for educational and clinical preparation. This presentation will report an analysis of the content of curricula-preparing psychiatric mental health nurse practitioners, models for adaptation to paediatric nurses’ training and recommendations for leadership strategies.