PO22 – Children's satisfaction with the diabetes nursing consultation

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Theme: Nursing education, management and leadership.

Keywords: Children, consultation, diabetes, nursing, satisfaction.

Introduction: Therapeutic education and the monitoring of child/family with diabetes to allow an exchange of knowledge, the maximum control and the best management in this new condition.

Objective: To determine the children's satisfaction level with the diabetes nursing consultation.

Methods: Cross-sectional and descriptive study. Non-probability sample comprising 135 children aged 8-18 years old (Average: 13.45; SD=2.83) who attend the diabetes consultation in six Portuguese public hospitals. An adapted version of the Escala de Satisfação dos Utentes (Users' Satisfaction Scale) with the Diabetes Nursing Consultation (Chaves *et al* 2012) was used.

Results: The 135 children showed a global satisfaction average rate of 87.4%, that was from 91.06%, in the 'Initial assessment' dimension, 93.56% regarding the 'guidelines' and 79.55% in 'relationship/communication'.

Conclusion: The adequacy of strategies in diabetes consultation promotes a greater involvement of children, independence in health care, better adherence and management in therapeutic procedures, thus resulting in higher satisfaction.

PO23 – Behavioural therapy via a video conference

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Theme: Therapy and technology

Keywords: Behavioural therapy, telemedicine, tics, Tourette syndrome.

Methods: Since December 2014, 10 patients have participated and finished the therapy. The first and last session took place at the Tourette clinic and sessions 2-11 were offered via video conference. Before and after BT, Yale Global Tics Severity Scale and PedsQL (Quality of Life) were used to assess the effectiveness of BT. We compared these patients with 10 patients with traditional BT.